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Orthopaedic Surgeon

Surgery of the Hip Joint

Arthroscopy · Joint Preservation · Replacement · Resurfacing

CHLORHEXIDINE PRE-OPERATIVE SKIN PREPARATION

INSTRUCTIONS FOR USE

E-Z Scrub 747 (chlorhexidine gluconate 4%) pre-operative showers are used to reduce the number of bacteria present on your skin at the time of surgery.

Prior to your operation, two chlorhexidine antiseptic showers are recommended. You have been provided with one E-Z Scrub chlorhexidine applicator for each shower.

WHEN TO USE

Have your first chlorhexidine shower on the night prior to surgery.

Have your second shower on the day of surgery, before you come to hospital.

If you are being admitted to hospital on the day prior to surgery, both of your chlorhexidine pre-operative showers will be conducted in hospital.

HOW TO USE

Firstly, shower in usual manner using soap or shower gel.

After you have finished, unwrap ONE E-Z Scrub 747 chlorhexidine package and lather using the applicator. Pay particular attention to the area of surgery.

Wash your whole body using the chlorhexidine solution EXCEPT your head, face, eyes or ears.

The hard plastic device contained in the package and the “bristled” side of the applicator are used for cleaning your finger nails and toe nails. Do not be concerned if your hip is too stiff to allow you to wash your feet.

PRECAUTIONS

Do NOT use E-Z Scrub 747 if you have an allergy to chlorhexidine.

Do NOT apply to your head, face, eyes or ears.

Do NOT scrub the skin vigorously – a gentle lather and rinse is all that is required.

*If you have any questions about preparation for your operation, please contact us on **3831 9777***